



UNA ARCHER

CIRCLE OF SECURITY PARENTING FACILITATOR

CONTACT DETAILS

Parenting after Separation

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QUALIFICATIONS AND TRAINING

- Certificate in Applied Systemic Theory and Practice, Chiron Training, UK, 2020
- Brainspotting Therapy Level 1 and 2, including Brainspotting with Children, Brainspotting UK, UK, 2015, 2020
- Circle of Security Parenting facilitator training, Circle of Security International, UK, 2014
- Steiner-Waldorf early years studies, Level 3, UK, 2012
- Educational Psychology, MSc, Vilnius University, Lithuania, 2002
- Psychology, BSc, Vilnius University, Lithuania, 1999

PROFESSIONAL ORGANISATIONS

Member of The British Psychological Society, since 2006

PROFILE

I help parents minimise the impact of separation on their children and resolve emotional or behaviour issues that may have cropped up. My experience of creating a new life after separation and assisting many other parents to do the same helped me to develop a distinctive relationship-based approach to parenting after separation. It is an easy-to-follow step-by-step process based on decades of attachment research. It helps parents make the most of what comes easily and naturally for them and focus their time and energy on mastering skills to resolve their current concerns.

CURRENT ROLE

Circle of Security Parenting facilitator

Parenting after Separation | 2014 to present

- Providing one-to-one parenting consultations to parents and families
- Facilitating one-to-one and group Circle of Security Parenting courses
- Hosting an ongoing parenting support group Parenting Confidently
- Hosting workshops for parents and professionals working with separated parents
- Ensuring ongoing training and supervision

PREVIOUS ROLES

Co-founder

Growing Together and Robin's Nest early years settings | 2008-2013

- Establishing the early years setting inspired by a vision to create a hub that would support the overall wellbeing of the family
- Looking after children: planning educational activities and experiences, observing and meeting the needs of each individual child and helping children to develop self-care skills
- Encouraging positive relationships between children by helping them to manage their emotions and communicate their needs and desires
- Taking part in regular meetings with the parents to discuss supporting their child's development
- Liaising with the Local Authority, creating and maintaining early years setting documentation
- Creating a positive working environment for the setting staff

Tutor

Brain Games Education | 2006-2007

- Preparing contents and materials for learning
- through play sessions for parents and children
- Facilitating sessions: presenting the theory on development, suggesting activities, facilitating discussions, answering questions, suggesting further reading

Career counsellor and project manager

Vilnius Labour Market Training and Counselling Service | 1997-2003

- Providing one-to-one career counselling and education for students and people seeing employment
- Administering various qualitative and quantitative assessments
- Facilitating group career planning workshops for schoolchildren and students
- Developing and implementing projects to improve adult vocational mobility and training provision